



EMOTIONAL INTELLIGENCE FOR PERSONAL LEADERSHIP

Two Day Group Training with EI 360 assessment and 6 follow up coaching sessions.

How effective are you as a leader? Even if you do not hold 'positional' power, how good are you at motivating and managing yourself and the people around you to higher performance and greater purpose? Emotional Intelligence (EI) - our ability to manage ourselves and others around us - is one of the greatest contributors to personal excellence and leadership.

Questiam's Emotional Intelligence training and coaching program starts with a powerful two-day classroom session, where you will learn from the important people in your life (peers, direct reports, manager, key clients, family and friends) how well you are managing your emotions in your key relationships. As well, you will learn how to leverage emotions for greater purpose and performance in all aspects of your life.

In this two-day Personal Leadership training program,

You Will....

- Gain a deeper understanding of the impact you are having on the people around you
- Understand the science of the human brain and how that influences behaviour
- Learn emotionally intelligent techniques to keep it together during difficult times and in challenging relationships
- Learn skills to deal with the emotions of others when there is tension and conflict
- Practice EI techniques to help you inspire others to higher performance
- Develop a plan to connect more deeply with your employees, peers and family.
- Learn how to handle the challenge at hand with ease.
- Learn to manage conflict situations with confidence and grace.
- Finally get a handle on your day and manage to find breathing room and time to think strategically?
- Have time allotted over the next 12 weeks with a dedicated coach focused entirely on your agenda, your growth, and your development.

Our unique learning program includes...

EI360 Feedback: Using a state-of-the-art web-enabled tool, input from up to 15 individuals (manager, family, friends, staff, key clients etc) is collected to assess a participant's **competencies of emotional intelligence**. This confidential data provides an unbiased picture of performance and leadership, and is the basis of the participant's personal action plan.

EI Tools and Techniques to apply: You will learn practical techniques that you can apply to difficult relationships and challenging situations – both at home and at work. As well, through interactive discussion and experiential exercises, you will have an opportunity to practice these techniques of Emotional Intelligence, and develop a plan to apply them in your business and personal life.

Emotional Intelligence Coaching

Coaching creates the long term focus necessary for real change. Coaching will be the difference between reaching your potential and remaining stuck in past behavioural habits. Included with this program are six of Questiam’s highly effective One-on-One Coaching sessions.

YES! I’m Interested...

I’d like to take part in the Emotional Intelligence for Personal Leadership seminar on July 26th and 27th 2012. Here’s the information you need to register me

Name	
Title	
Company	Home
Address	Address
City	City
Postal Code	Postal Code
Work phone	Home Phone
Mobile Phone	

Email address: _____

Payment in full to be received by July.16th 2012 in order to allow time to complete the EI 360

Please Bill me \$1800.00 plus applicable taxes invoice will be emailed to email address above.

Please charge my credit card \$1800.00 plus applicable taxes. (Visa MC)

An electronic invoice payable by credit card will be sent to the email address above

Full course fee must be paid in advance. Refund available with one weeks’ notice of cancellation. 20% deposit withheld if cancellation occurs within five business days of course date due to initiation of EI 360.

FILL OUT & EMAIL to slewis@questiam.com

Applicant’s Signature _____

www.questiam.com • ph (519) 780-0468